

# Educational Services

**Executive Director: Douglas Hutchison**

**Head Teacher: Mr Mark Ingram**

Sacred Heart Primary School  
15 Henrietta Street, Girvan KA26 9AW  
Tel: 01465 716809  
Email: sacredheart.mail@south-ayrshire.gov.uk



Our Ref: MI/CC                      Your Ref:  
Date: 30<sup>th</sup> August 2017  
If phoning or calling ask for Mrs McCallum

Dear Parent/Carer

## School Swimming Lessons 2017

Our P5/6 pupils will be taking part in School Swimming Lessons starting on Tuesday 12 September 2017 from 09:15 – 10:15 at The Quay Zone, Girvan for 9 sessions. The dates for this are as follows: -

12 September	7 November	28 November
19 September	14 November	5 <sup>th</sup> December
3 October	21 November	

Each session will be split into two parts - a half hour of swimming lessons and a half hour of water safety skills. These lessons are part of our Health and Wellbeing Curriculum and are very enjoyable so please ensure that your child comes to school with the necessary equipment to take part. Please find Health & Safety form attached containing all this information.

The lessons are fully funded by the school. We simply ask that your child brings £1 for the locker that will be kept by the class teacher and distributed every week. This will be returned after the final session.

I am sure this will be a great experience for all pupils taking part and great fun learning to swim.

Please complete the attached Medical/Special Needs form attached and return to school as soon as possible.

Yours sincerely

Mark Ingram  
Head Teacher

## SWIMMING LESSONS – Health & Safety information

It is important for safety and hygiene that the following points are made to the pupils by you before they attend their first lesson:-

- **All inhalers** must be brought onto poolside at each lesson, appropriately labelled with the name of the pupil. They are of no use in the locker.
- **No jewellery**, i.e. rings, watches, earrings etc. **Please discourage any new ear piercing until after the swimming course is over.**
- Children with **long hair** must have it well tied back. The fashionable soft bobbles/bands are not strong enough - they float off. Preferably children should wear swimming caps which can be bought at the Cash Desk at a reasonable price.
- Goggles must be named.
- £1 is required for the lockers into which ALL children must place their clothing.
- No long shorts, football or otherwise or bikinis should be worn as they are too difficult to swim with, swimming trunks and bathing costumes are much more suitable.
- In the interest of safety all children should be encouraged only to have a light breakfast.
- In the interest of hygiene all children must shower before entering the pool and any foot infection must be under treatment.
- School teacher should reinforce good class behaviour and discipline before and after lessons, with the swimming teacher being in control of behaviour and discipline during class session.
- The swimming teacher has the discretion to remove a child from, or not allow a child into a class for reasons of safety or hygiene.

If we all co-operate with regard to safety and hygiene following the above points, the children should have a pleasant and rewarding course of swimming.

**SOUTH AYRSHIRE COUNCIL  
Medical/Special Needs Form**

School: SACRED HEART PRIMARY

Telephone Number: 01465 716809

Class Teacher in charge: Miss Johnston

**Section 1**

Pupil's name: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

**Section 2**

Medical Condition: \_\_\_\_\_

Does pupil take prescribed medication? **YES / No**

If yes, give details if this may affect ability to swim:

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Give details of any allergies that we should be made aware of:

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**Section 3**

Give details of Special Needs that our teaching staff should be made aware of:

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