

Peep Antenatal Programme

Peep antenatal is a FREE programme suitable for expectant parents of 28 weeks+



It's a 5 week programme where you can come along and meet other parents to be. The next course will start on **Tuesday 29th October 2019 at 1pm in Girvan.**

If you are interested in the programme please speak to your midwife, health visitor or contact Alison Wales, Community Learning and Development Officer

1 High Street, Maybole KA19 7AB

Tel 01655 885811 or email: alison.wales@south-ayrshire.gov.uk

**Talking and
singing to your
baby bump**

**How babies
communicate**

**Help and
support for you**

**Getting to know
your baby**

**Preparing
for the new arrival**

